

Dear Front Runners of Stockholm,

As in previous years, the Front Runners of Paris, together with Athlétic Coeur de Fond, organize the athletics events within the Paris International tournament (TIP). This year, TIP event will take place in Paris on May, the 23rd and 24th, ending, of course, by the great show-party on Sunday night.

Unthinkable for us not to have you with us in the frame of this major event, for sharing together sport, friendliness, and all the values that we hold so dear and that we embrace.

It is not a secret, family is family! Whether we are in Paris, in France or wherever else, Front Runners' hearts beat in unison. And what better opportunity to make this a reality? We are already looking forward to welcoming you to share this event in good and joyful spirits.

- **Which is the program, you are maybe wondering ?**

The agenda:

Saturday (9.30 a.m. -17 p.m.):

- 3 000 m
- 400 m
- 800 m
- long jump
- shot put
- triple jump
- handbags throw
- 100 m
- 100 m retrorunning
- mixed 4x400 m (at least on girl per team)
- funny race Sunday, May, the 24th:
  - 5 km (road race)
  - single-handed 10 km (road race)
  - relay 10 km - 2 x 5 km (road race)
- 11.30 a.m: awards

Challenge event, which rewards the best athlete on 4 sporting disciplines:

- 400 m
- 10km (road race)
- shot put
- long jump

- **How to register?**

Every information and registrations on: <http://paris-tournament.com/TIP2014/sinformer/sports/athletisme-courses-sur-route/>

- **And if you have any concerns or questions?**

No problem, please write to us to the email address [tip@frontrunnersparis.org](mailto:tip@frontrunnersparis.org), we will be pleased to answer! So, put on your running shoes, looking forward to seeing you on next May, the 23rd and the 24th!

Charles/Mauro

Front Runners de Paris, for TIP 2015